



THE WAY TO  
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[www.TheWayToBalance.com](http://www.TheWayToBalance.com)  
[www.BioMorphicGeometry.com](http://www.BioMorphicGeometry.com)  
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## BioMorphic Geometry™ Spark of Life™ Pendant

We call this the '**Spark of Life**' Pendant, because it is a **Nitric Oxide-Stimulating Pendant**. Nitric Oxide is indeed the 'Spark of Life' and the master 'feel-good' molecule, which causes your conscious (thinking) and unconscious (autonomic) parts of the brain and body to be working together, instead of *at odds* with each other. The BMG design is engraved into a tempered glass pendant and comes with a waxed cotton cord with a solid sterling silver clasp, in a gift box.

**NITRIC OXIDE** is a gas comprised of one atom of nitrogen and one atom of oxygen (chemical name NO) that is highly pleasurable, gives you a great boost of vitality/energy, improves your health and sex life, and helps you manifest any additional positive changes you desire in your life. When it is created internally, this gas has no harmful side effects and will not get you arrested. Have we gotten your attention yet?!

**What is this "feel-good" molecule?** It is a free radical, but a GOOD version of a free radical when it is the version the human body manufactures internally. (Just like there is good and bad cholesterol: HDL vs LDL). The environmentally created nitric oxide from auto emissions and power plants is the toxic version of it. Also, do not confuse it with a dentist's "laughing gas", which is nitrous oxide. (Even though it is fun too!)



Ferid Murad, M.D./PhD co-won a Nobel Prize in Medicine in 1998 for his research that concluded that **NITRIC OXIDE** is the body's master **SIGNALING MOLECULE**. Adequate levels assure physical, emotional, spiritual and sexual health. Because it is a gas, it passes through membranes in the brain and body very easily. It becomes an instant "connector" or neurotransmitter when created in the brain, for both the thinking and unconscious (autonomic) parts of the brain and body.

### What Nitric Oxide Can Do For You:

- Improve memory and information flow between nerve cells in the brain
- Enhance sense of vitality and well-being
- Manifest positive changes in your life (when combined with intentions, affirmations, improvements in behaviors and habits, etc.)
- Increase oxygenation and energy levels
- Improve sex life
- Lower high blood pressure (dilates blood vessels)
- Assist with vascular issues, including diabetes and heart issues
- Help recovery from strokes or concussions
- Assist with cancer of any type

- Aid in post-cancer recovery
- Increase endurance and strength for athletes
- Increase endurance and strength for those recovering from chronic or acute illness, surgery, etc.
- Enhance immune support at fighting off bacteria, virus, fungus, and defending against tumors
- Reduce inflammation
- Improve sleep quality (use prior to bedtime)
- Enrich erectile function or assist with pre-mature ejaculation (over 60 studies in the past 20 years demonstrate that internally increased nitric oxide levels help with these conditions)
- Improve gastric mobility (constipation), especially if due to vascular (blood flow) issues or inner anxiety

### **How does it work?**

It relaxes the blood vessels, lowers high blood pressure, and increases the blood's capacity for carrying oxygen to the cells. It works similarly to nitro-glycerin for angina pectoris, and Viagra for male erectile dysfunction, but with no negative side effects, because it is naturally produced in your body.

Adequate levels of Nitric Oxide increase the body-mind connection due to its unique capacity to bridge the parts of the brain that are not usually connected to each other. Good levels of it stimulate positive feelings of joy, hope, flexibility, pleasure, and physical healing. Remember Norman Cousins who cured himself of serious illness by renting a bunch of comedy movies, and creating laughter in his life! He was boosting his Nitric Oxide levels and got the results to prove it... Elevated levels also induce emotional and spiritual health, and spiritual transformation. Very positive life changes all around it.

### **USAGE INSTRUCTIONS:**

**IMPORTANT TO NOTE: The increase in nitric oxide tends to lower blood pressure, thus it is not intended to be used all day, or for an extended period of time. If you have consistently low blood pressure, use precautions.**

#### **General Recommended Basic per Day Guidelines, which may vary by individual:**

- 15 minutes, 2 x daily to enhance well-being and to relax
- 20-40 minutes, 3-4 x daily for anxiety and stress, inner tension
- 30-60 minutes, 2 x daily for athletes for strength, increase in endurance for body-building, and quicker recovery for all sports
- 60-90 minutes, 4 times daily for those dealing with cancer, and cancer treatments, or on the recovery end of cancer (all types)
- 30-60 minutes, 3 x daily for people recovering from any brain injury, any surgeries (anywhere in body), concussions
- 45-80 minutes, 3 x daily for brain cognitive issues, dementia, Alzheimer's, brain fog
- 30-60 minutes, 2 x daily for those easily stressed, or under extreme, acute, chronic or unusual stress
- 30-90 minutes, 2 x daily for individuals with high blood pressure
- 60-90 minutes, 3 x daily for diabetes
- 60-90 minutes, 2 x daily while recovering from pneumonia, bronchitis or the flu
- 45-60 minutes, 3 x daily for those with cardiac issues or angina pectoris
- 60-90 minutes, 3 x daily for any form of neuropathy
- 60-90 minutes, 3 x daily for any form of circulatory or vascular issues
- 30-40 minutes, 1-2 x daily for men with erectile dysfunction (prior to intercourse)
- 20-30 minutes, 1 x daily to improve sleep quality (in the evening, before bed)
- 15-30 minutes, 1-2 x daily to release fatigue from exercising/working out
- 20-40 minutes, 1-3 x daily for gastric mobility concerns

*All information is based on subtle energies and energy healing, and is not medical advice or treatment. Nothing contained within is intended to diagnose or treat medical conditions, or to replace competent medical advice or treatment. No statements in this document have been evaluated by the U.S. Food and Drug Administration (FDA).*