

Saturday AND Sunday, OCTOBER 19 & 20
10 am – 4 p.m. each day at our Center

The Way To Balance, LLC's 20th Anniversary Open House



Aaron and Sue Singleton and the entire TWTB team are honored to celebrate the exciting milestone of having achieved 20 years of helping thousands of people enjoy happier, healthier, pain-free lives!

The Open House will feature educational talks and demonstrations by Founders Aaron and Sue Singleton, other TWTB therapists and a number of **guest presenters, door prizes and raffles** to support a wonderful **charitable organization**, Our Neighbor's Table, which provides the whole person with nourishing food, kindness and dignity for our neighbors in need..

Free admission, however, a portion of the **suggested \$10 free-will donations plus 100% of all raffle proceeds** will benefit Our Neighbor's Table.

Bring your friends & family and join us! You'll enjoy:

- Several **talks and demonstrations by the Singletons**
- The opportunity to meet the **TWTB Practitioners**
- **Door prizes** - the first 35 people to arrive each day are entered for the drawing!
- **Guest speakers on a variety of topics**, Drumming Circle, Adventures in Sound experiential journey
- **Food and Refreshments**
- **Raffle-drawings, with all proceeds to charity**
- **Book signings by Sue Singleton**
- ...and much more!

Attendees may purchase raffle tickets to enter into drawings for the prizes of their choice. Select among one or more of local merchants' goods and gift certificates, restaurant gift certificates, products and services from TWTB, etc. Receive 6 entry tickets for just \$5, OR 12 entry tickets for \$10! 100% of these raffle ticket sales proceeds will benefit Our Neighbors' Table. **Buy as many prize entry tickets as you would like, and help our neighbors!**

Kindly RSVP the number of people in your party and the day(s) you will attend, so that we may plan accordingly! Please contact Margaret Mathews at info@TheWayToBalance.com. Summary schedules for Saturday and Sunday are below.

Saturday, October 19

- 10:00 am – 10:45 am Book signings with Sue Singleton – ***Nine Simple Laws to Create Joy and Grace***
- 10:45 am – 10:50 am Winner announced! **Door Prize drawing** from first 35 people to arrive today
- 11:00 am – 11:40 am Janice Anderson - **Do You Know Your True Colors and How they Reflect the State of Your Body's Functionality?** *Digital Infrared Thermographic Imaging and its health applications, including breast health assessment.*
- 12:00 pm – 12:40 pm Sue Singleton - **Nine Simple Laws to Create Joy and Grace: Navigation Tools to Manifest the Life You Deserve!** *Author and TWTB Co-Founder Medical Intuitive Sue Singleton's near-death experience provided her with invaluable vision about the big picture and how the universe works. Lecture/experiential*
- 1:00 pm – 1:40 pm Kari Heistad - **Spirituality and the Workplace:** *How to bring your spiritual practice to work without talking to a soul. Respectful ways to apply spiritual practice at work and deal with difficult people. Lecture & experiential*

(See reverse for more information)

- 2:00 pm – 2:40 pm Gale Lyman - **Drum for Health, Drum in Celebration!** *Put aside your daily concerns and to-do lists with drumming. Experiential – Bring a drum if you have one! (drum not required to participate)*
- 3:00 pm – 3:40 pm Aaron Singleton - **The Joy of Living Free of Anxiety and Worry!** *How glandular responses to stress changes your biochemistry and affects your decision-making. Simple techniques to overcome stress. Lecture/experiential*
- 3:40 pm – 4:00 pm Book signings with Sue Singleton - **Nine Simple Laws to Create Joy and Grace**

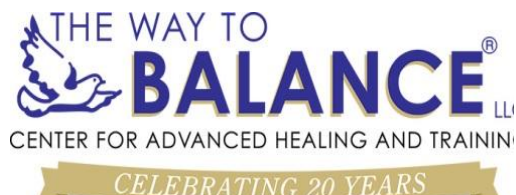
Sunday, October 20

- 10:00 am – 10:45 am Book signings with Sue Singleton – **Nine Simple Laws to Create Joy and Grace**
- 10:45 am – 10:50 am Winner announced! **Door Prize drawing** from first 35 people to arrive today
- 11:00 am – 11:40 am Ruth Shilling – **Adventures in Sound:** *Experience what sound can do for you and how it can enhance healing modalities you already work with*
- 12:00 pm – 12:40 pm Sue Singleton – **Learn the Importance of the Law of Unconditional Love in Your Life:** *Discover how the word “love” is misunderstood and misused, and how adamantite particles create both your liver and the backyard maple tree. An experiential based on the book, **Nine Simple Laws to Create Joy and Grace***
- 1:00 pm – 1:40 pm Ruth Baker - **Introduction to Meridian Tapping (EFT) For Self-Care and Stress Relief,** *explore this simple to use self-healing system which has been shown to calm the fight or flight response. Experiential*
- 2:00 pm – 2:40 pm Aaron Singleton – **Learn WHY You Have Neck & Back Pain and What You Can Do to Decrease or Eliminate Your Discomfort.** *Explore three major causes and learn to identify what is the cause of YOUR pain. Lecture and experiential*
- 3:00 pm – 3:40 pm Dorothy Morgan – **Astrology: The Power of Eclipses.** *Discover why they have the potential to be life changing, and learn what to expect during the next two eclipses.*
- 3:40 pm – 4:00 pm Book signings with Sue Singleton - **Nine Simple Laws to Create Joy and Grace**

See our Training and Events Calendar at www.TheWayToBalance.com for complete talk descriptions & bios.

More about Our Neighbors’ Table charitable organization:

It has been difficult to choose, with so many worthy organizations! We have selected **Our Neighbors’ Table**. Hunger comes in many forms. Our Neighbors’ Table is committed to establishing a community that provides for the whole person with nourishing food, kindness and dignity. Since 2008, Our Neighbors’ Table has distributed nearly 1.5 million meals to our neighbors in need. Every day, ONT is able to fulfill its mission because of volunteers and generous donations. www.OurNeighborsTable.org



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